

WHY?

#2 Psalms: The Songs of Jesus

Psalm 22

Steve King, Senior Pastor

Why was He forsaken?

Psalm 22:1-10

Why did He suffer?

Psalm 22:11-21

Why did God answer His prayer?

Psalm 22:22-31

REFLECTION AND APPLICATION QUESTIONS:

Monday: Read Psalm 22 and identify ways you relate to David and ways the Psalm is fulfilled in Christ.

Tuesday: Psalm 22 indicates that David feels forsaken by God but Psalm 22:3–5 tells us that David remembers God’s faithfulness to him. We all feel forsaken at times. Reflect on God’s faithfulness in Psalm 22:6–10 and apply it to your “I feel forsaken” areas.

Wednesday: Read Matthew 27:46. Jesus actually was forsaken by God, so that David and all who put their trust and hope in Him would never have to be. Thank God for Jesus’ sacrifice for you.

Thursday: Psalm 22:11–21 records two prayers of David in which he describes a situation in which only God could deliver him. What “impossible” situations are you facing? Rest on God’s promises and character and ask Him for help.

Friday: Discover in Matthew 27:35–46 and Matthew 28:1–8 how David’s “impossible” situation found ultimate fulfillment in Jesus Christ. Face your “impossible” situations by measuring God’s love for you by the cross and His power toward you by the resurrection.

Saturday: Read Psalm 32. If you have not yet confessed that you are a sinner (Romans 3:23) in desperate need of a Savior, and have not yet “[confessed] with your mouth Jesus as Lord, and [believed] in your heart that God raised Him from the dead [to] be saved,” (from Romans 10:9) do so now. If you are a believer in Christ, ask the Holy Spirit to show you a sin, or area of sin, in your life, and confess