

## Restful or Restless?

#6 Psalms: The Songs of Jesus

*Psalm 95:1-11*

*Steve King, Senior Pastor*

Worship of the restful

Psalm 95:1-7a

Worship of the restless

Psalm 95:7b-11

### REFLECTION AND APPLICATION QUESTIONS:

#### **Monday**

Read Psalm 95 and discover the last word in the Psalm and how many times the word heart is used. Your discovery will help you see the theme of the Psalm: we can enter into God's rest or miss it based on the condition of our heart.

Our response to God's revelation, in the Bible, makes us either restful or restless. Believe God and His promises and you will enter God's rest (Psalm 95, Hebrews 4). Ignore God and disbelieve His truth and you will be restless (Jeremiah 17:5-8).

**Tuesday:** Read Psalm 95:1-7a for a description of the worship of the restful. What is God calling you to do from this Psalm?

**Wednesday:** Read Psalm 95:7b-11 for a description of the worship of the restless. What is God calling you to do from this Psalm?

**Thursday:** Read Hebrews 3-4 and discover how to enter God's rest.

**Friday:** Read and memorize Matthew 11:28-30. Make it a habit of applying this to your life this holiday season.

**Saturday:** Read Psalm 110 and bring a friend tomorrow!