

Anxiety: Its Cause and Cure (According to Jesus)

Matthew 6:25-34

#11 Sermon on the Mount

Steve King, Senior Pastor

REFLECTION AND APPLICATION QUESTIONS

Monday: Read Matt 6:19-25. What does the “therefore” of Matt 6:25 refer to? How does this shape your understanding of Jesus’ command not to worry? Who is Jesus addressing?

Tuesday: Read Matt 6:25-34. What does the passage say about God and people? What are the commands, warnings, promises, and reasons for obeying?

Wednesday: Read Matt 6:25-27. What are we to learn from the birds? How is this a cure for worry?

Thursday: Read Matt 6:28-30. What are we to learn from the flowers? How is this a cure for worry?

Friday: Read Matt 6:31-35. What are the traits of the Gentiles (those who do not know God)? Why? What does it mean to seek God’s kingdom and righteousness first? What promise comes with obeying this? Do you have examples of this being a reality in your life?

Saturday: Read Matt 7:1-6 and invite someone to come to church with you on Sunday.