



Fool's choice – believe your only options are telling the truth or keeping the peace

Wise choice – believe you can tell the truth and show respect at the same time

Aim – dialogue with a free flow of information and thus better decisions, relationships and team work

- Start with your heart – stop believing the lie that others are the problem and check your motives
- Help others feel safe and respected; look for hiding or hurling
- Check your emotions and the story you are telling yourself
- Speak and clarify for common purpose and seek a win/win
- Clarify decisions and steps forward